

induced pluripotent stem cells

a model for transforming drug discovery

Induced pluripotent stem (iPS) cells have the potential to transform drug discovery by providing physiologically relevant cells for toxic compound identification, target validation, compound screening, and tool discovery. The technology for generating iPS cells is advancing rapidly, as is the repertoire of cell types that can be differentiated. Tissue-specific cells derived from iPS cells are currently being evaluated by the pharmaceutical industry for their utility in identifying cardiotoxic and hepatotoxic compounds as therapeutically relevant systems for modelling cardiovascular diseases, neurodegenerative disorders and metabolic disorders, as well as for generating patient-specific cell types. In order to fully capitalise on the rapidly evolving science of iPS cell technology, pharma will need to leverage the expertise found in academia and biotechnology companies to apply iPS-derived cells in an industrial setting. This review will summarise the potential of these cells as well as highlight many of the challenges that remain.

Stem cells are a distinct self-replenishing cell population whose primary function is to generate progeny that then develop into terminally differentiated cell types, such as a cardiomyocytes, neurons or photoreceptors. Tissue-specific adult stem cells, or progenitors, are committed to producing tissue or lineage-specific cells, whereas totipotent or pluripotent stem cells can give rise to any of the 200+ cell types of the body. There are two types of pluripotent stem cells defined by their tissue origin: 1) embryonic stem (ES) cells obtained from early embryos, typically at the blastula stage, and 2) induced pluripotent stem (iPS) cells derived through a reprogramming process whereby terminally differentiated somatic cells are reprogrammed or induced to a pluripotent state (Figure 1).

Successful generation of human iPS cells was reported independently in 2007 by the research groups of Drs James Thomson and Shinya Yamanaka^{1,2}. Both groups successfully identified a minimum number of nuclear factors that could reprogramme terminally differentiated fibroblasts to pluripotent cell lines by exogenously expressing distinct yet overlapping sets of genes: Yu and colleagues used Oct4, Sox2, Nanog and Lin28 by lentiviral gene transfer, while Yamanaka and colleagues employed Oct4, Sox2, Klf4 and c-Myc via retroviral gene transfer. These landmark studies were a significant advance over whole nucleus reprogramming³ and have had several important consequences. Induced pluripotent stem cell technology does not require human embryos and thus circumvents the ethical issues associated with

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Drug Discovery

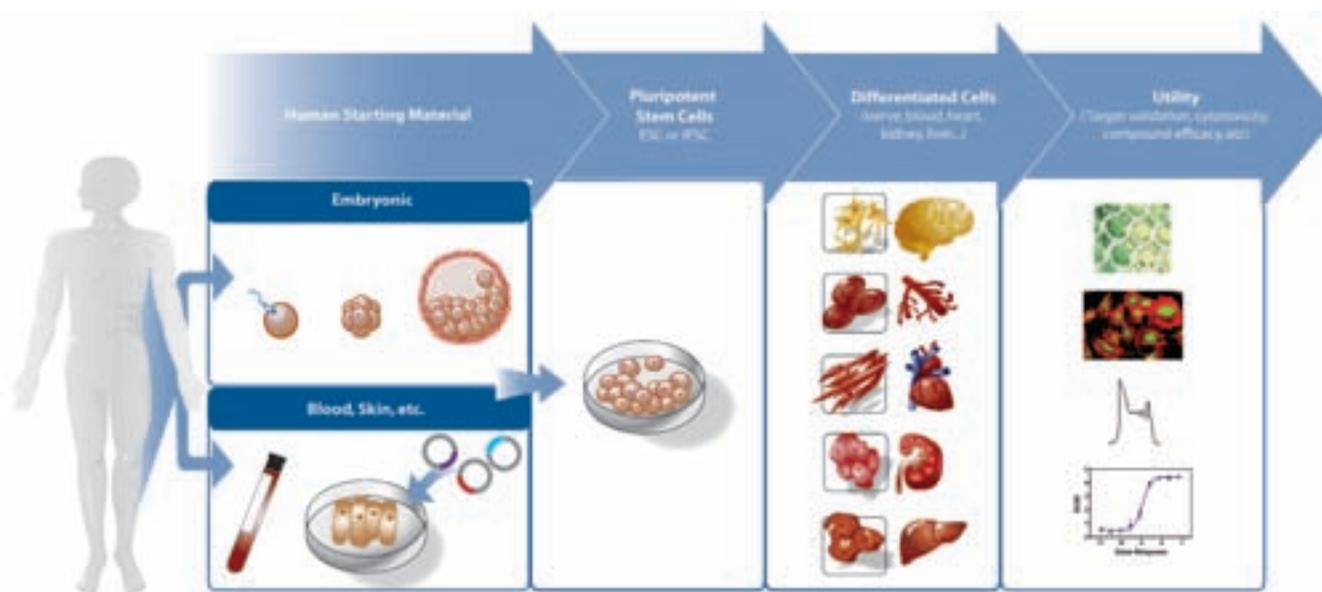


Figure 1
Pluripotent stem cell generation and utility. Embryonic stem cells are isolated from early stage embryos, whereas induced pluripotent stem (iPS) cells are reprogrammed from terminally differentiated cells types such as those found in blood and skin. Pluripotent stem cell populations are maintained and propagated indefinitely in culture. Experimental intervention causes differentiation to terminal cell types, which can then be used for a variety of investigational endpoints

embryonic stem cells. Of more utility is the potential to introduce population diversity into early and basic research programmes, as iPS cells can be generated from any individual. This iPS cell capability can provide researchers with tissue from virtually any genotype, ranging from the broad spectrum of 'healthy' individuals to clinical and disease cohorts to individuals exhibiting specific side-effects and/or idiosyncratic toxicities. Induced pluripotent stem cells will advance the concept of personalised medicine closer to reality.

iPS cell generation: Several ways to reprogramme a cell

As noted above, the initial iPS cell derivations utilised four-independent factors delivered via viral vectors to reprogramme the starting fibroblast populations. Since those seminal reports, reprogramming of cells has been successfully accomplished with a variety of delivery systems utilising variations of the initial four-factor cocktail, related transcription factor family members, endogenously expressed factors, small molecules, and soluble factors^{4,5}. The use of non-genomic, small molecule factors is an attractive method for generating iPS cells, but the specificity with which they faithfully recapitulate transcriptional pathways is unknown, and it is unclear whether they can replace traditional reprogramming factors⁴.

The potential to use autologous iPS cells as therapeutic medicines holds tremendous promise. Cellular physiological integrity is, however, paramount and will require delivery systems that do

not cause oncogenic transformation or alter gene function. Lentiviral- and transposon-based systems, in which the inserted transgene is subsequently excised using the Cre recombinase/lox site system or transposases respectively^{6,7}, remain problematic, but recent technologies that do not require genome integration look more promising. These technologies include episomal vectors⁸, recombinant proteins⁹, viral RNA vectors¹⁰, and synthetic modified mRNAs¹¹ (Table 1).

Another important consideration for reprogramming is the parental tissue source. The most popular starting material is fibroblasts, though other cell types have been successfully used, including keratinocytes¹², mesenchymal cells¹³, adipose stem cells¹⁴, and melanocytes¹⁵. While to date there are no reports of cell types refractory to reprogramming efforts, a more desirable source of starting material may be human peripheral blood, which can be readily obtained through routine and relatively non-invasive clinical procedures. Efforts to develop such methods have yielded iPS cells derived from human CD34+ blood stem cells and T lymphocytes¹⁶⁻¹⁸. Of particular note is a recent report demonstrating efficient human iPS cell derivation from T-lymphocytes collected in as little as 1ml of whole blood¹⁹.

There is considerable work ahead in the characterisation of iPS cells and their progeny. For example, recent studies indicate that iPS cells carry epigenetic memory of their source tissue and exhibit a propensity to differentiate into their parental cell type^{20,21}. However, this epigenetic memory

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Drug Discovery

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appears to be transitory and can be erased through repeated passaging, additional reprogramming, or with chromatin modifying drugs. Repeated passaging may be the most straightforward approach to erasing epigenetic memory, as it is a necessary step in any scale up of iPS cells.

Stem cell differentiation and demonstrations of utility

Terminally differentiated cells *in vivo* are the end result of a complex set of chemical interactions, positional cues, environmental effects, and cell-to-cell communications, many of which have proven difficult to reproduce under *in vitro* conditions. Some cell types, such as cardiomyocytes, develop spontaneously in tissue culture dishes (albeit at very low frequencies) from stem cells while other cell types, such as hepatocytes, require significant experimental intervention²²⁻²⁴. Once a protocol has been elucidated, initial derivation processes and robust cell type markers can be used for method optimisation and production of industrialised quantities of cells.

What is the promise?

There are three major areas where iPS cell technology is beginning to have or will have a major impact on *in vitro* aspects of drug discovery: safety assessment, small molecule screening, and *in vitro* disease models.

Safety assessment

Finding novel drugs that are safe and efficacious is challenging. Attrition from candidate selection to drug launch is estimated at 95%, with 20% of that due to toxicity issues (lack of efficacy accounts for the greatest single cause of attrition^{24,5}, therefore iPS-derived cells may have a significant impact on drug discovery if they can be used in more physiological assays for toxicity screening.

Cardiomyocytes: Cardiovascular toxicity remains the single most important targeted organ resulting in an estimated 28% of drug withdrawals²⁶. Multiple assay systems are currently employed to identify cardiotoxic drugs. These systems are based predominantly on cell lines such as human HEK-293s or hamster CHOs for measuring drug effects

REPROGRAMMING SYSTEMS			
Integrating vectors			
Delivery system	Reprogramming vector	Genomic disposition	Reference
Retroviral	DNA	Integrated	Takahashi et al ²
Lentiviral	DNA	Integrated	Yu et al ¹
Lentiviral/Cre-lox	DNA	Excisable	Soldner et al ⁶
Transposon/Transposase	DNA	Excisable	Woltjen et al ⁷
Episomal vectors			
Delivery system	Reprogramming vector	Vector disposition	Reference
Co-culture	Small molecules	Transient (replacing one or more transcription factors)	Lyssiotis et al ⁴⁹
Episomal Vectors	Plasmid DNA	Degraded / kicked out	Yu et al ⁸
Recombinant Protein	Protein	Degraded	Kim et al ⁹
Sendai Virus	RNA	Degraded / kicked out	Fusaki et al ¹⁰
Synthetic nucleotides	Synthetic mRNA	Degraded / kicked out	Warren et al ¹¹

Table 1: Methods for delivery of iPS cell reprogramming factors

Continued on page 35

on ion channels (including hERG) and transporters; isolated animal tissues including rabbit wedge for ECG and QT elongation studies; or whole animal experiments using rats, dogs, or monkeys for ECGs, hemodynamic studies, and pathological evaluation of repeat dose studies to identify cardiotoxic compounds.

Recent progress in manufacturing cardiomyocytes has been made using pluripotent stem cell technology. In 2009, Cellular Dynamics International (CDI) introduced the first human iPS cell-derived product, iCell™ Cardiomyocytes, while GE/Geron corporation released embryonic stem cell-derived cardiomyocytes in 2010. These human cells have the potential to reduce or replace the assay systems and animal models mentioned above. Both platforms are a pan-cardiac population consisting of ventricular, atrial and nodal cells. Extensive characterisation of these cells has demonstrated molecular, electrophysiological, and cardiotoxic function similar to native heart cells²⁷ (Ma et al, in preparation). In addition to providing large numbers of reproducible cardiomyocytes for use in traditional toxicity testing, the *in vivo* functionality of pure populations of iPS cell-derived cardiomyocytes will enable the development of potentially more targeted, sensitive, and relevant biochemical and electrophysiological cardio-specific testing paradigms.

Hepatocytes: Liver toxicity is another major cause of drug withdrawal from the market. Current systems for measuring hepatotoxicity include primary human hepatocytes (PHH) or human hepatocyte cell lines such as HepG2s. Both of these have major drawbacks. Primary human hepatocytes must be shipped either fresh immediately after isolation or frozen, and they display batch-to-batch variation. Additionally, they are not stable in culture for more than a few days and lose P450 expression. Yet PHH remain the gold standard. Cell lines such as HepG2 express little to no P450 enzymes, the major drug metabolising enzymes, making these cell lines inappropriate model systems²⁸. What is needed is a reliable cell supply with batch-to-batch consistency. In addition, these cells must express appropriate markers and enzymes including the P450 enzymes and Phase I and Phase II xenobiotic metabolising enzymes, thus demonstrating intrinsic hepatocyte metabolism including oxygen consumption and ATP utilisation, exhibiting appropriate cell morphology and polarisation, and having the ability to identify known hepatotoxic compounds. Stem cell-derived hepatocytes have been reported to exhibit many, but not yet all, of these phenotypic and functional characteristics^{24,29-30}.

Small molecule screening

Traditional small molecule screens are performed using purified protein or recombinant cell lines over-expressing the target of interest. The industry uses such systems because they are easy to develop and configure to their platforms, are relatively inexpensive, and have a track record of success (Macarron et al, in preparation). Recombinant systems are not ideal, however. The target of interest is over-expressed in a non-native cell where splice variants or post-translational modifications may not occur; iPS cells have the potential to change that. A recent example comes from a paper by McNeisch et al³¹ where neurons expressing amino-3-hydroxyl-5-methyl-4-isoxazolepropionate (AMPA) subtype glutamate receptors were generated from mouse iPS cells. This is a particularly challenging target because there are four subtypes, multiple RNA splice variants, and interactions with transmembrane regulatory proteins, all giving rise to a significant number of potentially expressed receptors. McNeisch et al³¹ successfully generated a sufficient quantity of cells to run a high-throughput screen of several million compounds and identified novel small molecule AMPA potentiators. Such an approach might readily be applied to other targets including ion channels, GPCRs, and receptor tyrosine kinases where full functionality requires multimers of subtypes, chaperones, and protein complexes.

In vitro disease models

Induced pluripotent stem cell technology provides a unique opportunity to generate 'disease phenotypes in a dish' for use as *in vitro* model systems and substrates for small molecules screens. While it is unlikely that an *in vitro* system can adequately represent all aspects of a multi-faceted disease, the ability to generate any human tissue cells from any genotype or disease provides unparalleled access for studies. There are an increasing number of examples where iPS cells have been derived from patients, but as of now only a few show measurable phenotypic endpoints (Table 2). The notable examples include iPS cell-derived motor neurons from patients with spinal muscular atrophy (SMA), where the derived neurons demonstrated a significantly reduced level of survival motor neuron 1 (SMN1) gene expression, and appropriate response to drugs known to increase SMN1 gene expression accurately mimicked the phenotype observed in SMA patients³². Another example comes from Lee et al³³ who studied familial dysautonomia (FD), a fatal neurodegenerative disease of sensory and autonomic neurons. iPS cell-derived

Continued from page 34

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Continued on page 37

Drug Discovery

Table 2: Examples of 'disease phenotypes in a dish' by iPS-derived terminal cell types

DISEASE PHENOTYPES IN A DISH			
Cardiac			
Disease	Source	Expressed phenotype	Reference
Long QT Type I	Patient iPS cells	Prolonged action potential, reduced IKs current	Moretti et al ³⁵
LEOPARD Syndrome	Patient iPS cells	Enlarged cell size, greater sarcomeric organisation, signal localisation	Carvajal-Vergara et al ³⁶
Pompe Disease	Patient iPS cells	lack of acid alpha glucosidase activity, glycogen filled lysosomes	Raval et al ³⁷
Hypertrophy	Exogenous factors	Enlarged cells size, sarcomeric organisation and ANNP mRNA expression	Foldes et al ³⁹ ; Kattman et al, unpublished
Hepatic			
Disease	Source	Expressed phenotype	Reference
Alpha I-antitrypsin deficiency	Patient iPS cells	Aggregation of misfolded protein	Rashid et al ³⁸
Familial hypercholesterolemia	Patient iPS cells	Deficient LDL receptor-mediated cholesterol uptake	Rashid et al ³⁸
Glycogen storage disease type Ia	Patient iPS cells	Elevated lipid and glycogen accumulation	Rashid et al ³⁸
Neuronal			
Disease	Source	Expressed phenotype	Reference
Spinal muscular atrophy (SMA)	Patient iPS cells	Reduced levels of SMN I; response to compounds	Ebert et al ³²
Familial Dysautonomia (FD)	Patient iPS cells	Decreased neurogenic differentiation	Lee et al ³³
Parkinson Disease (PD)	Genetic engineering	Decreased number of dopaminergic neurons	Schneider et al ⁵⁰
Huntington's Disease (HD)	Transgenic monkey iPS	Intracellular aggregates and intranuclear inclusions	Chan et al ³⁴
Misc			
Disease	Origin	Cell phenotype	Citation
Dyskeratosis congenita	Patient iPS	Telemere shortening	Agarwal et al ⁵¹

neural crest progenitor cells from an FD patient displayed the expected abnormal splicing of IKBKAP, exon skipping and a general reduction of

protein. These neurons displayed a reduced ability to migrate, a reduction in the number of focal adhesion points, and the expected and appropriate



response to drugs known to reduce the level of mutant IKBKAP splice form. Other diseases where cellular phenotypes have been observed include Huntington's disease³⁴; Parkinson's disease; Long QT syndrome³⁵; Leopard syndrome³⁶; Pompe disease³⁷; hepatic glycogen storage disease³⁸; and ubiquitous aspects of cardiac hypertrophic phenotypes in both ES and iPS cell-derived cardiomyocytes³⁹; (Kattman et al, unpublished).

What needs to change for Pharma to implement iPSC-derived models?

Even though significant progress has been made, it is likely that full adoption and general acceptance will require comparative studies, scale-up and pilot screens. There remains insufficient data demonstrating that iPS cells are superior to existing primary animal cells or standard lab cell lines, though protocols for generating terminally mature, differentiated human cell types are progressing rapidly. Significant progress has been made in creating insulin-producing beta-cells⁴⁰⁻⁴¹, ventricular cardiomyocytes⁴², P450-expressing hepatocytes⁴³, specific neuronal populations⁴⁴, and retinal photoreceptors⁴⁵, to name just a few. Once these protocols are established, technology for scale up will be required that maintains a cell's phenotype, shows batch-to-batch consistency and reproducibility, and is cost-effective for the industry. Given the intensive research efforts ongoing in academic labs to improve protocols and in biotechnology companies to scale cells, there is reason for optimism that iPS cells will be used in the lab either alongside or as replacements for traditional cell lines.

What's the future vision for iPS cells?

iPS cells may have a profound impact on drug discovery, either in the generation of previously unobtainable cellular disease model systems for small molecule screening; mechanism of action studies; or highly predictable, animal-free systems for determining drug safety. One can envisage a screen of genetic diversity panels of cardiomyocytes or hepatocytes to identify rare responders, analyse drug effects on complex 3D organ systems, or perform 'clinical trials' using iPS-derived diseased cells where safety, efficacy, dosage studies, and the effect of genetics could be studied before initiating Phase I studies in patients. Another potential application will be use of iPS-derived cells and/or genetically-modified iPS cells in transplantation where there may be immunological advantages for organ engraftment. Proof of concept is now well-documented in pre-clinical models of retinal dystrophy⁴⁶, in reversal of liver damage⁴⁷, and in diabet-

ic mouse models⁴⁸. Full adoption of stem cell technologies will require generation of iPS cells that are safe, stable and efficacious. The use of iPS cells for transplantation, potentially coupled with gene therapy, may usher in the era of true personalised medicine for patients with high unmet needs.

Acknowledgements

The authors would like to thank Blake Anson and Joleen Rau from Cellular Dynamics International, Madison, WI, for extensive discussions, helpful advice and critical review of the document; as well as Jason Gardner and Aaron Chuang (Stem Cell Discovery Performance Unit, GlaxoSmithKline) for their insight and comments.

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Drug Discovery

Continued from page 35

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Continued on page 38

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Drug Discovery

Continued from page 37

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